

THE PAPER CRANE

September 2018: Issue 3



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Dear Friends and Colleagues,

On behalf of the staff of CARE International in Uganda and myself, I cordially welcome you to the 3rd issue of CARE Uganda's Newsletter, The Paper Crane. This Newsletter is a demonstration of some of the work we do and our commitment to ending poverty and Gender Based Violence, especially among women and girls covering two quarters (April – September) 2018. If you read Mafi's story (name changed), you might feel tears roll out like me when I read it but then when you will read about Esther, "Mafi's angel" you feel so proud to be part of CARE! We have a great team of committed colleagues like Esther in many parts of Uganda. Thanks for supporting Esther help Mafi and the many women, girls, men and boys who need us and to whom we try to pay tributes through this newsletter. Thanks to all colleagues who contributed to this newsletter, particularly to Tara Agaba, our new Peace Corps volunteer who has put Viola's story as a cartoon which we can now use in our IEC and BCC work on menstrual cups!. Enjoy reading!

Country Director Delphine Pinault

GENDER IN EMERGENCIES

Gender Based Violence: Male Engagement

September 19, 2018

Bidali Charles is a 30-year-old male from South Sudan. He travelled from Yei, South Sudan, in July 2016, escaping war and famine. When he arrived at Rhino Camp in August 2016, he was eventually settled, alongside his mother and three sisters, in Ariwa 1. Although he was attending school when he fled, Charles is now farming to earn a living.

In May 2017, Charles applied and was selected to be a GBV Preventer in his village, as a part of an initiative under ECHO OXFAM consortium funded by ECHO (European Union Civil Protection and Humanitarian Aid). GBV Preventers were trained on the forms of GBV, prevention and causes, effects of GBV on the individual and community, and reporting mechanisms. They were also trained on community sensitization techniques and good communication. Charles is one of 80 Preventers across the 3 settlements of Imvepi, Rhino, and Bidibidi.

A GBV Preventer is someone who carries awareness of GBV causes, prevention and effects into their community. A GBV Preventer also provides psychosocial support, and refers cases of GBV to appropriate parties, including medical, counseling, and legal facilities. GBV Preventers have stations in their respective villages. They work specific shifts at the station, but, as Charles says, their commitment carries over to their whole lives, continuing their advocacy at all times. The stations consist of a table, chairs, and GBV awareness materials. Communities are made aware of the stations and the fact that they are a safe place for survivors and perpetrators to come report any violence or abuse, with emphasis placed on the importance of reporting within 72 hours.

Charles says the GBV Preventers also conduct sensitizations in their community, especially during church services, where many people are gathered. Topics of discussion revolve around what GBV is, how it can be prevented, and the effect of GBV on the individual and community.

When a survivor comes to make a report, the first thing a GBV Preventer does is ask what happened. They also ask for consent to write down the story, for case management purposes. Next, the Preventer asks if they would like CARE to help them handle the case. This involves documenting the incident then referring the case to a CARE Case Worker who works with the survivor for emotional and physical healing and access to health, protection (Police) and legal services. If the perpetrator is known, especially if the parties involved are married, they are consulted with and offered couples counseling to mitigate future violence. Preventers are also allowed to make immediate referrals to health facilities and psychosocial counseling depending on the situation.

Charles says before GBV Preventers started their awareness campaigns, incidences of violence were very high in his community. "There was fighting, economic and emotional violence, and sexual violence. The borehole at night was especially bad, with people openly showering, fighting over water, public sex acts, and rape happening." At the beginning, he says he would see 4 or 5 cases being reported each week. Now he only sees 1 or 2 cases per week. He said most of the violence that is still occurring is conflict between women, especially arguing over land boundaries. Most of this violence is verbal insults but can sometimes become physical.



While Charles' community still has instances of GBV and other forms of violence, he believes it has decreased during his time as a Preventer. "People are safer and listening to us when we tell them not to be out after dark. CARE placed solar lights near our boreholes, which has helped lower GBV at that location. My community and I want to thank CARE for helping us prevent and report GBV. Soon it will not be here."

Story Compiled and Written By: Brandi Murley CARE West Nile, Uganda

Photo: Bidali Charles 30 year old male from South Sudan.



Photo: Charles sensitizing a community member about GBV and Prevention



SURVIVING SEXUAL VIOLENCE

A Refugee's Motherhood Triumphs Over Her Trauma

Mafi* is one of over 288,000 Congolese who fled the Democratic Republic of Congo to seek refuge in Uganda. She holds her tiny newborn in her arms as she puts her hand gently on her little tummy. What most people do not know is that part of her daughter reminds her of her worst days in the Democratic Republic of Congo. Shortly before fleeing from her home, four armed men raped her. One of them is the father of her child. Two days after giving birth to her, sitting in front of her small plastic sheeting tent on a hot and humid afternoon in Kyangwali refugee settlement, she recounts her horrific story.

They followed me into the forest. I went to get fire wood when four armed men suddenly attacked me. I screamed at the top of my lungs for help, but no one heard me, no one came. They pushed me to the ground and I immediately knew what their intention was. "Kill me", I shouted to them, because I would have rather died than be raped by them. They did not listen to me. They took their turns, one after the other, until I fell unconscious from the pain.

I woke up in the hospital. The nurse told me that villagers found me in the woods, my body covered in blood, and brought me to the main street. Luckily, a police car drove by that moment and brought me to the hospital. The doctors were very nice and kept me there for a few weeks to recover. During the first few days, one of them told me that I was pregnant. My heart skipped a beat and I felt panic rush through my whole body. I remembered how I had lost three of my children due to sickness, unable to provide for them. I knew I had to keep the baby.

I felt like I was the only person in the world who had nobody. Armed men had killed my family members and burned our house when I was 5 years old. The pastor's wife in our village took me in and raised me. I got married when I was 15 years old and decided to leave them, not wanting

to be a burden anymore. But then rebels also killed my husband, and after losing my children I found myself alone once again.

I had to run. As soon as I was released from the hospital, I realized that I had to flee in order to save my life and that of my unborn child. In my village, I saw how many families walked towards Lake Albert, and I decided to join them. I only took the radio along with me from home because I knew I would need it to pay for the boat ride. It took me almost two weeks to get to Uganda. At one of the roadblocks, I met a former friend of my husband. He gave me some water and a little bit of money to survive the journey. About three months ago, I made it to Uganda.

I was helpless. Having left everything behind, I did not know how to raise my baby without any income and limited amount of assistance. But then I met Esther. She works with CARE and is an angel to me. She asked me questions, listened to my story and gave me hope again. She even took me to the hospital during my pregnancy and brought clothes for my baby after I gave birth to her. I never thought anyone could be so nice to me. There is no way for me to show her my appreciation. But I named my baby after her. Her name is Esther.

My child is innocent. She is not responsible for the sins of her father. My biggest wish is to be able to provide for her. Although life is better here in Uganda, I still do not know what the future will hold for us. But now, at least I have faith.

*Name changed to protect identity.

By Jennifer Bose, Emergency Communications Officer, CARE International

AKELLO SANTA- INTERRUPTING CYCLES OF VIOLENCE

I am Akello Santa from Lamiyo Sub County in Agago District. I am proud to say that I am an “impact multiplier” in my community who graduated from **the Learning For Change Women Leadership, Engaging Men and Boys and Psychosocial Support Training**.

An unsafe relationship: I was in an abusive relationship, my husband was volatile, loud spoken and rude. Whenever he would come home, I was ready for the inevitable fight. I mentally prepared myself I always felt fighting back my best shot.

A new partnership: I was selected to attend CARE’s training and since then, I have changed a lot so I taught my husband what I learned and we started to work together. Our biggest strategy has been looking back and explore what caused the fight. Using the tools we were given in the training, now we engage in more mutually respectful discussions instead of quarrelling and fighting. He is my partner now, he supports me to reach out to our community. I am empowered and now I am so proud to be a leader in church and a woman leader in the clan.

Uncommon strengths: I am an excellent impact multiplier, I support couples in my community. My favorite couple started out by experiencing violence in their home. They were suspicious of one another and the relationship had no trust. The couple harvested food together from their garden, but would steal food from the house, sell it and then blame each other. The wife never felt safe at home, she felt misunderstood and nobody stood up for her. I sat with the couple and took them through a number of the sessions from the CARE trainings that I used in my own house. I reminded them both of the amazing qualities they had and wonderful family they had built. I walked them through creating a vision and set goals for their family. They are still together and happily married!

Learning for Change (L4C) Strengthening Women’s Voices is a regional program implemented by CARE Austria in cooperation with CARE country offices in Ethiopia, Uganda and Rwanda with advocacy components in Austria, at EU level and in the Great Lakes Region. L4C’s overall aim is the promotion of meaningful participation of women in decision making processes at different levels through transforming social norms and build local partners’ capacity to deliver gender transformative programming. L4C uses “impact multipliers” who are champions for gender equality in their communities and whose roles are to reach out deep and far in their communities to change gender norms and “multiply impact”.



Photo: Akello Santa from Lamiyo Sub County
Agago District

UNFPA VISIT TO THE CARE UGANDA SRH/GBV KYANGWALI PROGRAM

On June 6, 2018, Alain Sibenaler, the UNFPA Uganda Country Representative, and Norah Nyeko, UNFPA Kyangwali Field Coordinator, visited CARE Uganda Sexual Reproductive and Gender Based Violence Health Program funded by UNFPA in the Kyangwali Refugee Settlement.

The CARE GBV Officer, Victoria Acen met the team and introduced them to the UNFPA CARE project volunteers. These volunteers are refugees in the Kyangwali Refugee Settlement.

Women empowerment: The UNFPA /CARE volunteers at Kyangwali Refugee settlement have their ears to the ground. They work to support and empower the women in the settlement– these volunteers are champions in their community.

Heroic survivors: One of the volunteers, who is also a survivor of Gender-Based Violence, expressed her appreciation to CARE and UNFPA for the support she has received.

Women’s Health Matters: The volunteers shared that there are a lot of gynecological issues that are not adequately addressed in the settlement. The CARE team suggested that sourcing a gynecologist would be of tremendous benefit to the women and girls living in the Kyangwali settlement.



Photo: Alain Sibenaler, the UNFPA Uganda Country
Representative and SRH/GBV project Congolese Refugee
Volunteers at Kyangwali Refugee settlement

- From **April 29th – May 5th**, the CO hosted the DANIDA mission to review the DANIDA Framework Agreement in Uganda.
- Between **May 15th -17th** the CO hosted the ADA team for the development of the new ADA Framework. The National Director CARE Austria and several CAUT colleagues, a consultant, CARE Uganda staff and partners participated.
- The CO hosted a Media team including Camille Nozieres, Pierre Cochez, Antoine Malo, and Jennifer Bose, from **May 27 – 31st**, the team visited Kyangwali Refugee resettlement.
- **May 28th – 29:** Christian Penotti - GATES Foundation visited the GATES project areas interacting with project partners and VSLA members participating in the project. Melch, Fatia and Grace Majara took part in the field visit.
- The Program Quality and Learning (PQL) Workshop took place on **May 23rd – 25th** brought together 24 program and program support staff to review the various programs outlook and learn from our practice.
- CARE Uganda participated in European Development Days 2018, represented by Annet Kandole, discussion on the ECO DRR - with DEVCO on **5th and 6th June**.
- CARE Uganda participated at the annual global Community Based Adaptation Conference (CBA12) **June 11th – 14th, 2018** in Lilongwe Malawi.
- The PfR Country team and implementing partners participated in a Learning visit to the Philippines from **4th to 11th August**
- CARE Uganda co-funded and participated in the Symposium on Managing the transition from Humanitarian to Development Aid: East African Symposium at Serena Hotel on **August 15 -16th**. The theme was: Aid and Aid Effectiveness in Post Conflict settings: Transitioning from Humanitarian assistance to developing capacity for health systems. Other organizers were ReBUILD Consortium, Makerere University and UKaid.
- Elizabeth Carriere, Managing Deputy Director, Great Lakes visited the CO and Kyangwali Refugee resettlement from **19th – 24th August**.
- Ms. Benalfew Sophia from Ethiopia participated in the EUTF Rise design workshop at Mercy Corps offices – **August 28th – 29th 2018**.
- Eva Babette Pfander Bruni and Andrea Gertrud Flück von Planta from CARE Austria facilitated the L4C KML1 workshop - **August 28th – September 2nd**
- Ms. Beth Megnassan Emergency WASH & Gender Advisor CARE Australia was deployed to support us with Ebola preparedness from **3rd September** for 10 days
- Jeannette Nduramaya CARE Africa , Greak Lakes Emergency Coordinator was deployed for two weeks from **16th September** to support our emergency response in Kyangwali
- The Pfr Country team hosted Gerlinda Janmaat from CARE Netherlands and Karen from CORDAID Regional office from **1st to 8th September**, for a cross country learning on activities of Pfr Uganda team.
- From **September 1st – 8th** Pfr Country team hosted the Mali Pfr team Exchange Visit to Uganda, the team included 9 delegates from CORDAID (2), CARE Mali (1), Mali Red Cross (1), Netherlands Red Cross (1), Climate Centre (1), Wetlands International (1), Mali Government
- A group of ECHO delegates visited West Nile Field office and Bidibidi Refugee Settlement to conduct a monitoring visit on **September 13**.
- 4 Members of Parliament from Denmark visited Rhino Camp with CARE and UNFPA to visit project beneficiaries on **September 13**.
- **20th - 22nd September, 2018** we delivered a training on Ebola Virus Disease at the Kyangwali Refugee Settlements
- **23rd - 29th September, 2018** we delivered a training on Ebola Virus Disease at the Kyangwali Refugee Settlements

SEXUAL REPRODUCTIVE HEALTH RIGHTS

The New Viola

CARE's Viola the valiant and her invisible menstrual cup

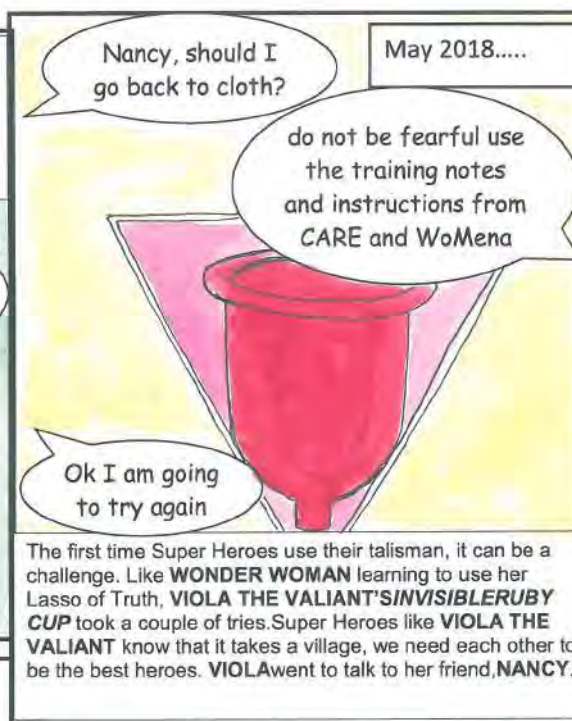


APRIL 2018....

VIOLA is one of 100 women and girls selected to participate in a menstrual hygiene management and Ruby Cups pilot to introduce menstrual cups to the camp. The group is trained on personal hygiene; menstruation, menstrual hygienemanagement, and maintenance of the Ruby Cup. Trainings are conducted by **TRAINERS** who were selected from refugees and host communities within Imvepi.



VIOLA'S family and neighbors have some doubts, the menstrual cup is an innovation in the refugee settlements. These perceptions are mostly a result of a lack of awareness about the menstruation process as it is seen as a taboo that should not be talked about.



During the training, **VIOLA** said she learned many new things including her own reproductive health anatomy, menstruation cycle length, and the ten steps of hand washing. In fact, the first time Viola had ever been taught these subjects was when **WoMena** and **CARE** came for this project. **VIOLA THE VALIANT** is doing the best she can to be the best super hero she can be, not only for her community but also for herself. **VIOLA'S** self-esteem and confidence have improved. She plays football, actively participates in youth meetings, and can walk long distances for food ration without having to worry about leaking and odor from her menstrual cloth. She is fights to support her peers to help understand and manage their menstruation more confidently.



The East Central and Southern Africa (ECSA) Sexual and Reproductive Health and Rights Workshop in Nairobi, Kenya

On 21st – 22nd June 2018, CARE Uganda represented by Mike Mukirane, the Initiative Manager (SRMH Specialist), took part in The East Central and Southern Africa (ECSA) Sexual and Reproductive Health and Rights Workshop in Nairobi, Kenya. The workshop was hosted by the CARE USA Supporting Access to Family Planning and Post Abortion Care (SAFPAC) team and ECSA Regional Management Unit.

Focus

CARE participants from across the ECSA region came together to garner support for SRHR portfolio development and build consensus around strategies and the opportunities to institutionalize SRHR through programming.

Who was in the room?

CARE regional, sub-regional, and country office staff from all fifteen ECSA countries. Young African Leaders Initiative (YALI), African Development Bank (ADB), United Nations Population Fund (UNFPA) International Planned Parenthood Federation (IPPF) and Global Affairs Canada (GAC) were also in attendance.

Sharing the landscape

The landscape assessment brought out key areas that CARE can leverage, to strengthen SRHR programming in ECSA. These included leadership, scope, investment, structures and emergency.

“We envision working with women and especially young people to ensure they have self-efficacy, knowledge and access to SRH services across the humanitarian and development continuum in the Great Lakes”.

Next Steps

1. SRHR dialogue and education, and organizing training on Value Clarification for Attitude Transformation (VCAT) within CARE by the end of the year 2018.
2. Ensure that CARE joins and actively participates in all SRHR Working group meeting from the national level to the sub-national level.

RESILIENCE

My Dreams, my destiny

The shy leader: I am Lakot Teddy from Lamiyo Sub County, Polcami Parish in Agago District. In spite of the fact that I am the youth leader at the Sub County, I am generally a shy and soft spoken person and this has always made me fearful and generally crowd shy. Expressing myself has always been challenging and I only took up the leadership position then because I failed to speak up and express my refusal when we were elected.

Seeds of confidence: After the trainings from CARE, my confidence was built. I am now able to express myself freely without fear. I am confident and I am sure I have the ability and capacity to train other people in the villages. I approach issues more confidently and have been able to intervene in supporting individuals address conflicts in their community. I talk to many young people about being obedient and respectful. I encourage them to share ideas with one another.

Lasting Change: The CARE trainings have empowered women in Leadership and I am an example. Right now, there are Local Council elections in my community and women are being encouraged to contend for positions.

“My belief is that we are all able and can be good leaders and I intend to vie for the position within the Local Council. This will ensure that I can influence the system better and contribute to making change in my Community.” Lakot Teddy.



Photo: Lakot Teddy from Lamiyo, Agago District

CARE Uganda in partnership with CARE Denmark launched a new programme '**Strengthening Resilience and Inclusive Governance Programme**'. The initiative funded by Danida will be implemented in collaboration with four Civil Society Organizations (CSOs) – Advocates Coalition for Development and Environment (ACODE), Environmental Alert (EA), Joint Effort to Save the Environment (JESE) and Rural Initiative for Community Empowerment (RICE West Nile) together with the local government for four years (2018 – 2021). The programme will support the most vulnerable groups of women, girls and youth in refugee and host communities. This will not only protect and conserve the environment but improve food security, enhance household income and strengthen resilience. People will be empowered with alternative options when hit by disasters related to climate change. The Programme will be implemented in Arua, Kyenjojo and Kyegegwa Districts.

CARE Uganda with CARE USA's Food and Nutrition Security team, started a project **She Feeds the World (SFtW)**, funded by Pepsi-Cola, which is aimed at improving the food and nutrition security of poor rural households, with a strong emphasis on women small-scale producers. The project will be implemented in Kyenjojo and Kyegegwa Districts in South Western Uganda. This is a 3-year project that will run from 15, June 2018 to 31, May 2021. The project will target supporting 120,000 (70% women/girls and 30% men) direct and 370,000 (70% women/girls and 30% men) indirect beneficiaries. The overall goal of She Feeds the World is to improve food and nutrition security and reduce vulnerability of poor rural households in Kyenjojo and Kyegegwa.

The CO won a grant for **Eco-DRR** funded by CARE Netherlands focusing on strengthening resilience to disasters (including climate risk related disasters) of 160,000 vulnerable persons in 5 districts of Eastern Aswa Catchment in Northern Uganda (Otuke, Alebtong, Abim, Agago and Kotido districts, by supporting development and scaling up of Eco-DRR actions and citizen-based monitoring of disaster and climate resilient policies and practices.

WOMEN'S ECONOMIC EMPOWERMENT

Celebrating 20 years of the VSLA

CARE is a leader on financial inclusion for poor women and girls in Uganda. In 1998, CARE Uganda established its first Village Savings and Loan Associations (VSLAs), and has since trained and mentored over **28,971** groups across all regions of Uganda.

The current VSLA membership is **809,367**. Of those, **568,059** are women. The cumulative savings for all active VSLA groups is greater than **52** Billion Ugandan Shillings. The model's sustainability is evidenced by the **95%** group continuation rate, despite CARE Uganda's active involvement being limited to between 12 to 24 months. The Impact of the VSLA model is undeniable.

Additionally, CARE has developed a youth-pathways apprenticeship approach, through which more than **2,625** youths, throughout all parts of eastern and western Uganda, have been trained in CARE's financial inclusion model.

The metal lock box that has transformed lives



Household transformation in the Oluo Hill Village

Transformed Lives

Tiko Florence and Opima Richard are one of the many families who have benefited from the Village Savings and loans association. The couple have been members of Abasaru Community Savings and Credit Group (CSCG) in Oluo hill Village, Lamila Parish in Kijomoro Sub County since 2009.

"After joining VSLA, life has never been the same again. For the nine years we have been members of the group, we have been able to construct a permanent house, and moved from the grass thatched mud and wattle house. We have been able to pay school fees for the children and the eldest now is in S4. And we have boosted our honey selling business" said Richard

Female entrepreneurship.

"The trainings in business skills have helped me to manage the business better, I can now keep simple records and estimate the profits I earn from the business" added Florence.

Their group was selected to be strengthened under the PROFIRA project, and it has enhanced the benefits of the couple as members of the VSLA group. After the training in financial education, their group

opened an account with post bank, and Florence, as a member, also opened an individual account.

"I never thought of having a bank account," Florence said, "I still had the traditional beliefs that bank accounts can only be opened and used by rich people and people formally employed by the government. After the CARE trainer explained to us the benefits of having a bank account and the requirements for opening the account, I decided to open a savings account with Post Bank."

Florence uses the account to receive payments from her customers that she sells the honey to in the capital, Kampala.

Our Future

"We want to continue saving in both the VSLA and the bank account, be able to pay school fees for the children up to university and finish the house"

Florence's testimony is a good example of how additional strengthening of the VSLA groups through trainings and partnerships with institutions like banks maximizes member's benefits from the VSLA.



Photo: Tiko Florence and Opima Richard members of Abasaru Community Savings and Credit Group (CSCG) in Oluo hill Village.

CLIMATE ACTION

PfR/CARE Uganda at the Annual Global Community Based Adaptation12 Conference.



"Local experiences driving climate actions".

On June 11th – 14th, 2018 CARE Uganda, represented by Anguparu Monica, Omega David Ogwang and four partner staff from the Partners for Resilience Program, participated at the annual global Community Based Adaptation Conference (CBA12). The event was hosted by the International Institute for Environment and Development (IIED) in Lilongwe, Malawi.

Who - 245 Participants representing 45 countries

Civil Society organisations, researchers, academia, UN Agencies, private sector, foundations and donors, journalists Community Based Organizations and community representatives.

Why

- To create an interactive space for sharing knowledge and building capacity.
- To harness the full potential of the CBA community of practice, understanding that 'lived experience'.
- To influence policy and increase climate finance flows to the frontline.

Strengthening the voices of the CBA community of practitioners and building further collaboration among stakeholders in different landscapes and themes.

The Biggest Hit

We showcased our PFR/CARE poster in the highly attended marketplace which attracted 36 posters pitched by different organizations. Our PFR/CARE poster was a hit!

"Our poster showed that we brought the community voice to government attention, which demonstrated the inclusiveness of indigenous knowledge in the adaptation of our work."

See details of posters uploaded in the Link below: <https://www.flickr.com/photos/iied/sets/72157696067797971/with/28797584338/>

Moving Forward

- Focus on relevant and effective technologies for adaptation.
- Continue to promote gender transformative approaches for adaptation to a larger scale.
- Create evidence to influence decision makers regarding the need to fund climate adaptation work.
- Conduct cross-generational documentation conduct dialogues with communities to reflect on the status of wetlands 30 years back and 30 years ahead.

Walk Uganda in One Hour for Climate Change

Mabira Forest, Buikwe, District

Hosted by Walkers Association of Uganda in collaboration Ministry of Water and Environment

CARE Uganda, under PFR participated in "Walk Uganda in one hour for climate change" which was held on 28th/07/2018. The theme of the walk was **"A sustainable future for Uganda forests"**. It was a 10km walk through Mabira forest reserve in Buikwe district. The objectives of the Walk were; to advocate for ending practices which degrades the forest, to inspire people to walk in order to keep fit, to plant trees in the designated areas in Mabira forest, and to educate the local population on the danger of climate change.

CARE UGANDA STAFF UPDATES

**2 ROUNDS OF 15
Fred Turyamureba**

It is an honor to congratulate Fred Turyamureba for another 15 years of dedication to CARE International Uganda. Fred has made 2 rounds of 15 with CARE International Uganda making it 30 wonderful years.

"Long Live CARE for the job well done and long live Uganda for hosting CARE" Fred Turyamureba.

Some other notable mentions

5 years

Musa Mukundane & Nolah Anderu

The CO recognizes their commitment and dedication to supporting vulnerable and poor women , girls, men and boys to break out of poverty and live a dignified life, free from violence.

September Babies:



September 25th- Mary Bagumira Knowledge Management Officer
"To the person we all depend on, we wish you a happy birthday and many more."

Happy Birthday to other wonderful September Babies Jacinta Ikatan, John Oola, Judith Nyebaza and James Arike.

New to the CARE Family



Jennifer Nangole, the STRENPO Gender and Agriculture coordinator, is looking forward to more resilient women and girls in our communities



Sharon Biira, Gender and Agri Business Coordinator, one of the shining new stars of She Feeds the World. She is really optimistic about the future of the women and girls she will be working with.



Introducing the Youth Champion Christopher, his favorite food is matooke and pasted meat, he is excited to create space for the young people especially the girls he will be working with them to build and motivate them to take up leadership and influence change



Oundo Leonard, WAY Project, YSLA and Girls economic empowerment specialist



Gumisiriza Emmanuel is the latest addition to the Finance Crew, he shared "I am excited to learn"



Editta Akinyi
Guess who we missed hard enough she came back. "Always a pleasure coming back home and working with the dream team that's transforming and empowering lives through the work they do!"

Dorcus Apio the Agribusiness Coordinator WAY
Her smile lights up any room and more than anything she brings so much knowledge and experience with her to the Gulu office
Kopi Joyce Support Staff Kyangwali, Mutonyi Phoebe who is the GBV & SRH Officer Arua and Anena Cinderella the Male Engage Specialist Arua

"We are both so privileged to be joining the wonderful teams in Arua and Kampala, here is to a wonderful year."

Brandi Murley and Tara Agaba our new Peace Corps Volunteers – information, communication and knowledge management support.

CASE Study: Increasing Influence as an Emerging Leader



"Thank you CARE for providing me with the space and time (including other organization resources) to participate in the coaching program"

Emerging leaders face the challenge of developing and refining their leadership skills before they are in formal leadership authority.

In this coaching program, the emerging leader (me) develop perspective on how leaders influence and motivate the people they work with, the people in other areas of the organization and the external people they engaged with to advance new initiatives and achieve positive change related to the organization's mission.

- Mr. Okot Agiro Gabriel,

Programme Specialist, Professional Agriculturalist and certified Gender Equality and Diversity Certified Trainer

Women Empowerment and Natural Resource Governance Programme

EBOLA TRAINING



CARE International Uganda staff at the Kampala Country Office by Bonjean MULUME
Safety and SECURITY OFFICER CARE RD Congo

DOs

Wash your hands with soap and clean water

Cook your food properly

Go to the health clinic if you have headache, fever, vomiting, pain, diarrhoea, red eyes and rash

Tell everyone you meet about Ebola so they are informed

Call for help or questions

DO NOTs

Do not touch people with signs or have died of Ebola

Do not touch clothes & beddings of people you think have Ebola

Do not touch vomit, saliva, urine, blood and feaces from people you think have Ebola

Do not play with monkeys and baboons

Do not eat or touch fresh bush meat

Do not eat plums eaten by bats

Key Messages from the Ebola training

- What is the Ebola Virus Disease
- Ebola outbreaks since 1976
- Ebola Virus Ecology
- How it works
- Signs and symptoms
- Prevention



An Ebola Prevention and Case Management of over **80** Surveillance Team health workers in the Kyangwali Refugee Settlement from the 23rd to 29th September

AND FINALLY, LET'S PREPARE FOR THE UPCOMING 16 DAYS OF ACTIVISM



**END GENDER
BASED VIOLENCE,
SEXUAL HARASSMENT,
EXPLOITATION &
ABUSE IN THE
WORKPLACE**

With Love CARE Uganda
Please follow us on twitter @CAREUganda and facebook @CAREUG

CARE International in Uganda

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